

CDU delivering Professional Short Courses

DiSC Personal Profile System Understanding yourself and others

Program Outline

All of us have developed behavioural patterns and distinct ways of thinking, feeling, and acting. The central core of our behaviour tends to remain stable because it reflects our individual identities. We usually modify our behaviour when exposed to different situations in order to survive, excel or satisfy our needs and goals. For example, the demands of the work environment often require different responses that evolve into a work behaviour style.

The **Personal Profile System** presents a plan to help you understand yourself and others in specific environments. You are the central focus as you heighten understanding of your behavioural profile and identify the strengths required in a given environment that will be most beneficial to your success. At the same time, you learn about the differences of others and the types of environments required for maximum productivity and teamwork in an organisation.

The **Personal Profile System** will enable you to:

- Identify your behavioural profile
- Capitalise on your behavioural strengths and increase performance
- Increase your appreciation of different profiles
- Anticipate and minimise potential conflicts with others
- Create productive communication
- Establish positive relationships

The most effective people are those who know themselves, recognise the demands of the situation and adapt strategies to meet their needs.

On registering for the DiSC Personal Profile you will be sent a link to complete an online profile. There are two options:

1. DiSC Profile plus Analysis Session: \$300.00

On completion of the online profile, you will attend a 3 hour analysis session where you will receive your personal DiSC report and an individual interpretation. You will receive detailed information on your behavioural patterns, work habits and an overview on all other types of behavioural patterns. The session will give an in depth outline of each behavioural pattern and will answer your questions about why you react to certain people and situations.

OR

2. DiSC Profile Report Only: \$90.00

(This option is only available to previous course attendees of "The New Supervisor")

On completion of the online profile you will receive a report via email within 24 hours of completion. The report contains information on your behavioural pattern, work habits and an overview of other types of behavioural patterns.