CHC43315 Certificate IV in Mental Health

DESCRIPTION

This qualification covers workers who provide a range of community services focusing on:

- rehabilitation and support for people affected by mental illness and psychiatric disability
- implementing community-based activities focusing on mental health, mental illness and psychiatric disability
- mental health promotion work.

Work may focus on engaging people with mental illness in community participation, prevention of relapse and promotion of recovery through programs such as residential rehabilitation, work in clinical settings, home-based outreach and centre-based programs delivered by community-based non-government organisations. This work may also involve supported employment and programmed respite care.

This qualification defines the knowledge and skills required by support workers and case workers who work autonomously under broad guidance and refers to specific knowledge of mental health issues and appropriate intervention processes applied in residential and community-based settings.

For students not already employed in the sector, work placement of at least 80 hours will be required in order to meet the evidence requirements of many of the units.

ELIGIBILITY/ENTRY REQUIRMENTS

There are no mandatory entry requirements for this qualification. However, applicants who wish to commence this course need to have the required skills and knowledge to undertake the qualification at this level; e.g. completion of Year 10 or equivalent, and a general command of spoken and written English, to be able to meet industry standards for communication.

Generally, candidates will require evidence of the following for work placement:

- A criminal history check https://nt.gov.au/law/crime/apply-for-a-criminal-history-check
- An Ochre Card as per NT Legislation. If you have not yet obtained an Ochre card, please contact SAFENT:

DELIVERY DETAILS

Location(s)	Duration*	Study mode
Alice Springs, Casuarina, Katherine	This program is delivered over a period of 6 to 12 months on a full-time/part-time basis. Contact the lecturer for full timetable details.	This program is delivered online and in the workplace.

** Duration will vary depending upon how long a student takes to reach the required competency level.*

Students have access to all resources on LearnLine, CDU 24/7 online learning system

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2023 FEES

This course is Fee-Free for eligible students who receive an NT Domestic Subsidised place or $9,300.00 - $9,950.00 for Domestic Full fee places. Actual fees will vary according to your choice of units.

Please note: A limited number of NT Government subsidy places are available for eligible NT domestic students, so contact us now to secure your place for 2023.

Fees are subject to change annually. Indicative government-subsidised and full course fees are shown on this document. For further clarification and information on fees, payment options, instalment plans, and refunds, contact CDU on 1800 061 963 or refer to VET Fees and Payments.

ASSESSMENT

Assessments vary with each unit. You will be provided with an assessment guide.

WORK PLACEMENT

For candidates not already employed in the sector, work placement of at least 80 hours will be required in order to meet the evidence requirements of many of the units. Candidates will be issued with a placement logbook to record activities and evidence gathered.

Students undertaking placement, apprenticeships, traineeships work experience or volunteering in workplaces may be subject to workplace vaccination requirements.

RECOGNITION OF PRIOR LEARNING (RPL)

RPL is a process that determines whether the skills, knowledge and experience you've gained through your previous study, work or life experience can count towards a vocational training qualification at CDU. For more information, VET RPL.

RESOURCES

Students are issued with learning materials and handouts relevant to each unit via an online LMS.

Computer and internet access may be required to source information and complete assessments.

STUDY AND CAREER PATHWAYS

The role of mental health workers is to provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability. Work may include counselling, referral, advocacy and education/health promotion services. Work is undertaken in a range of community contexts such as community-based nongovernment organisations; home-based outreach; centre-based programs; respite care; residential services; rehabilitation programs; clinical settings; or supporting people in employment.

Candidates who have obtained this level qualification could progress into Diploma Level qualifications in Community Services or other related fields in the VET sector. There is often credit or advanced standing given to Higher Education courses for students who have successfully completed this training, but this is at the discretion of the higher education provider. Please contact the higher education institution for advice. This training would give students an understanding plus skills and knowledge to undertake higher level qualifications and training options with a higher education institution.

Possible job titles relevant to this qualification include:

- community rehabilitation and support worker
- community support worker
- mental health rehabilitation support worker
- mental health support worker
- mental health outreach worker
- alcohol and other drug (AOD) worker.

QUALIFICATION CONTENT

To achieve a CHC43315 Certificate IV in Mental Health, a total of fifteen (15) units of competency must be completed comprising eleven (11) core and four (4) elective units as detailed in the packaging rules and listed below. The electives offered may vary between campuses.

CORE UNITS

CHCDIV001	Work with diverse people
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
CHCLEG001	Work legally and ethically
CHCMHS002	Establish self-directed recovery relationships
CHCMHS003	Provide recovery oriented mental health services
CHCMHS004	Work collaboratively with the care network and other services
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues
CHCMHS007	Work effectively in trauma informed care
CHCMHS008	Promote and facilitate self-advocacy
CHCMHS011	Assess and promote social, emotional and physical wellbeing
HLTWHS001	Participate in workplace health and safety

ELECTIVE UNITS

At risk electives – one of the following must be selected	
CHCCCS003	Increase the safety of individuals at risk of suicide
CHCCCS019	Recognise and respond to crisis situations
Other electives	
CHCAOD001	Work in an alcohol and other drugs context
CHCAOD004	Assess needs of clients with alcohol and other drugs issues
CHCCCS014	Provide brief interventions

WITHDRAWING FROM A QUALIFICATION

You may withdraw from this qualification and receive, where relevant, a Statement of Attainment for all units of competency you have successfully completed.

SUPPORT SERVICES

The University supplies support for students in many areas, including Accommodation, Careers and Employability, Counselling, Disability Services, Student Advocacy, Indigenous Tutorial Support Services, International Student Support Services, Library Services, and VET Learner Support Services.

More information is available at Student Support.

CONTACT DETAILS

E. student.central@cdu.edu.au
T. 1800 061 963 (free call)
W. https://www.cdu.edu.au/study/essentials

For further information regarding student life at CDU, please refer to https://www.cdu.edu.au/study/student-life.

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