



confident kids

Let's Start is a new child and family program.

We work with young children so they can build more positive social and emotional skills including:

- Confidence
- Self - control
- Cooperation

Let's Start increases a child's ability to get along with others at home and at school.

We work to provide families with support and positive parenting strategies so that all children get off to the best possible start.

Does the program cost money?

The program is free to all parents and children. We work with children aged 3 to 6 years.

How long does the program run for?

The program consists of weekly 2 hour sessions over a period of 8 to 10 weeks.

How do I get more information or get involved?

To get involved talk to your child's teacher or contact our team:

Let's Start Team,
Yomei Jones - 0422183166
Tania Nicholls
Tel: 08 8946 6652
Website: www.cdu.edu.au/letsstart/

