LEADING WITH EMOTIONAL INTELLIGENCE

A 2 days course developed by the Australian Institute of Management and facilitated by Charles Darwin University.

This short course teaches you to apply emotional intelligence to workplace interactions through a range of tools and techniques. By understanding the science behind communication, you will find new ways to harness your own emotions, and those of others - improving decision-making, behaviour and performance as a result.

This program also includes the Genos Profile and in-class de-brief valued at $350.

THIS COURSE IS RIGHT FOR YOU:

You want to be a more impactful and influential leader, with advanced skills in applying emotional intelligence.

YOUR EMPLOYER WILL BENEFIT BECAUSE:

You will be equipped with the knowledge and skills required to enhance internal and external professional relationships.

LEARNING OUTCOMES:

- Understand the social neuroscience of emotions and emotional intelligence
- Improve your management of emotions
- Enhance your relationships within and outside of the workplace
- Facilitate difficult conversations with confidence
- Feel less stressed and be better equipped to manage high work demands and stress
- Create a positive work environment for others
- Facilitate high performance

FOR MORE INFORMATION CONTACT
T. 08 8946 6065
E. shortcourses@cdu.edu.au
W. www.cdu.edu.au/shortcourses