

Emergency procedures

In any emergency:



Medical



1. **Assess** the situation
2. **Check for danger** to yourself, others and injured person
3. **Move** injured person **away from danger** - if safe to do so
4. **Call ambulance** – **000** - if required and call Security
5. **Provide first aid** - if you are able to do so and call for a First Aid Officer
6. **Stay with the injured person** until medical help arrives

Basic Life Support



D Check for **D**anger
To yourself, others and injured person



R Check for **R**esponse
Ask name. Squeeze shoulders.
If no response then...



S **Send for Help. Call 000**
Or, ask someone nearby to get help



A **Open Airway**
Clear airway if required. Tilt head back to open airway



B **Check for Breathing**
Look, listen, feel. Breathing normally – roll onto side – recovery position.
Not breathing normally then...



C **Start CPR**
Give 30 chest compressions followed by 2 breaths. Continue until help arrives



D **Apply (AED) Defibrillator***
As soon as possible and follow instructions (*if available)

After calling 000, you must also notify Security or your campus/centre administration as soon as possible. Security free call Australia-wide number is 1800 646 501

For more information

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