

CHC43315 Certificate IV in Mental Health



DESCRIPTION

This qualification reflects the role of workers who provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability. Work involves implementing community-based programs and activities focusing on mental health, mental illness and psychiatric disability.

Work is undertaken in a range of community contexts such as community-based non-government organisations; home-based outreach; centre-based programs; respite care; residential services, rehabilitation programs; clinical settings; or supporting people in employment. Work is carried out autonomously under the broad guidance of other practitioners and professionals.

ELIGIBILITY/ENTRY REQUIREMENTS

There are no minimum admission requirements however applicants who wish to commence this course need to have the required skills and knowledge to undertake the qualification at this level, e.g. completion of Year 10 or equivalent and a general command of spoken and written English to be able to meet industry standards for communication.

Generally, candidates will require evidence of the following for work placement: -

- A criminal history check <https://nt.gov.au/law/crime/apply-for-a-criminal-history-check>
- Ochre Card as per NT Legislation <https://nt.gov.au/emergency/community-safety/apply-for-a-working-with-children-clearance>

DELIVERY DETAILS

Location(s)	Duration	Study mode
Darwin and Alice Springs As online delivery is offered, students can enrol from other centres and get support online, by phone, skype or email.	This program is delivered over a period of 12 to 24 months on a full-time/part-time basis. Contact the lecturer for full timetable details.	<i>External/Online with optional face to face workshops available at Casuarina and Alice Springs campuses.</i>

2019 FEES

This course is subsidised by the NT Government. The NT subsidy applies to eligible domestic students living in the NT and is **subject to available places**. The **full fee** will apply when funded places have been filled and for students that are ineligible for the NT Government subsidised rate.

Based on course nominal hours of between 905 - 995 hours, approximate 2019 course fees will be:

- NT Government subsidised place: \$2,896.00 - \$3,184.00
- Full fees: \$15,385.00 - \$16,915.00

For more information on fees, payment options, instalment plans and refunds contact CDU on 1800 061 963 or refer to www.cdu.edu.au/cdu-vet/student-guide/fees

ASSESSMENT

Assessment of practical skills will take place in the students' workplace or volunteer work placement.

Work placement continues across all units during a period of at least 80 hours in order to meet the evidence requirements of units or until such time as the student is deemed competent by Assessors.

Work placement

For candidates not already employed in the sector, work placement of at least 80 hours will be required in order to meet the evidence requirements of many of the units. Candidates will be issued with a placement log book to record activities and evidence gathered.

RECOGNITION OF PRIOR LEARNING (RPL)

Students can apply for RPL during pre-enrolment or after enrolment. Students are provided with an RPL Self-Assessment before application and followed through with and an initial interview with an assessor.

RESOURCES

Where students do not have access to the internet or computers, materials can be provided in book format. Please talk to your lecturer at time of enrolment.

STUDY AND CAREER PATHWAYS

The role of mental health workers is to provide self-directed recovery oriented support for people affected by mental illness and psychiatric disability. Work may include counselling, referral, advocacy and education/health promotion services. Work is undertaken in a range of community contexts such as community-based non-government organisations; home-based outreach; centre-based programs; respite care; residential services; rehabilitation programs; clinical settings; or supporting people in employment.

Candidates who have obtained this level qualification could progress into Diploma Level qualifications in Community Services or other related fields in the VET sector. There is often credit or advanced standing given to Higher Education courses for students who have successfully completed this training, but this is at the discretion of the higher education provider. Please contact the higher education institution for advice. This training would give students an understanding plus skills and knowledge to undertake higher level qualifications and training options with a higher education institution.

QUALIFICATION CONTENT

To achieve a Qualification a total of fifteen (15) units of competency must be completed comprising eleven (11) core and four (4) elective units as detailed in the packaging rules and listed below. The electives offered may vary between campuses.

CORE UNITS

CHCDIV001	Work with diverse people	40
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety	25
CHCLEG001	Work legally and ethically	55
CHCMHS002	Establish self-directed recovery relationships	60
CHCMHS003	Provide recovery oriented mental health services	60
CHCMHS004	Work collaboratively with the care network and other services	75
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues	90
CHCMHS007	Work effectively in trauma informed care	40
CHCMHS008	Promote and facilitate self advocacy	50
CHCMHS011	Assess and promote social, emotional and physical wellbeing	80
HLTWHS001	Participate in workplace health and safety	20

ELECTIVE UNITS

At risk electives – one of the following must be selected		
CHCCCS003	Increase the safety of individuals at risk of suicide	110
CHCCCS019	Recognise and respond to crisis situations	45
Elective Units		
CHCAOD001	Work in an alcohol and other drugs context	80
CHCAOD004	Assess needs of clients with alcohol and other drugs issues	135
CHCCCS014	Provide brief interventions	75

WITHDRAWING FROM A QUALIFICATION

You may withdraw from this qualification and receive, where relevant, a Statement of Attainment for all units of competency you have successfully completed.

SUPPORT SERVICES

The University supplies support for students in many areas, including: Accommodation, Careers and Employment, Counselling, Disability Service, Equal Opportunity, Discrimination and Harassment advice, Australian Indigenous Student Support Services, Information Technology Services, International Student Support Services, Library Services, and Learner Support Services.

More information is available at - www.cdu.edu.au/study/student-life/student-support

CONTACT DETAILS

SCHOOL OF VET COMMUNITY and CHILDREN'S SERVICES, ENGLISH LANGUAGE, LITERACY and NUMERACY, COMMUNITY SERVICES and ALLIED HEALTH.

DARWIN AND KATHERINE

T. 08 8946 7517

E. esh-enquiries@cdu.edu.au

W. www.cdu.edu.au/cdu-vet

ALICE SPRINGS

T. 08 8959 5239

E. esh-enquiries@cdu.edu.au

W. www.cdu.edu.au/cdu-vet

Refer to the **VET Student Guide** <https://www.cdu.edu.au/cdu-vet/student-guide> for information regarding the enrolment process, student support services, student rights and responsibilities, previous studies recognition and the A-Z of other information.