00:00

sex and relationships you understand

00:03

what's involved right you may have heard

00:05

people talking about sexual consent and

00:07

thought what's the big deal we all know

00:09

no means no but there's more to consent

00:12

than a simple yes or no consent is an

00:14

ongoing conversation whether you're in a

00:16

casual or a long-term relationship

00:18

consent matters we need a notice when

00:21

consent is and is not present and know

00:23

how to act accordingly this course will

00:26

show you what consent looks and sounds

00:27

like how you can clearly communicate

00:29

what you want

00:30

when consent can be given and when it

00:32

can't for example what happens if you're

00:34

drunk we'll also explore how and when

00:37

you might step into a situation where

00:38

consent is not present in consent isn't

00:41

always about you sometimes it's about

00:43

looking out for your friends as well

00:44

being a student brings new experiences

00:47

new friendships and maybe sex we want to

00:50

help you make the most of student life

00:52

so that relationships with or without

00:54

sex or more clear-cut and everyone knows

00:57

how to look out for each other

00:58

some of you may have already been

01:00

affected by issues of consent so we'll

01:02

include links to support organizations

01:03

and advice