

## PACKING CHECKLIST

To give you an idea of what to pack, clothing worn on campus is quite casual. While most students wear shorts or jeans and a shirt all year round, you may also need to pack some smart casual clothes (such as dress pants and collared shirts) for work, or formal clothes (such as a suit and tie or formal dress) for special events. For the general public, there are no laws or regulations on clothing in Australia.

If you forget to pack anything, you do not need to worry. We have plenty of clothing and department stores where you can purchase something once you arrive in Australia.

### Item checklist

- ☐ Short-sleeve shirts, skirts and/or shorts
- ☐ Long sleeved shirt, pants, jeans and jacket
- ☐ Rain jacket and umbrella
- ☐ Casual shoes, sandals and/or flip flops
- ☐ Dress shoes
- ☐ Running shoes
- ☐ Sleep wear
- ☐ Socks
- ☐ Undergarments
- ☐ Sunscreen and insect repellent
- ☐ Hat
- ☐ Swimming suit
- ☐ Sunglasses
- ☐ Camera
- ☐ Mobile phone + charger
- ☐ Comb or hairbrush
- ☐ Travel plug/adaptor
- ☐ Small sentimental items (pictures of your family & friends, personal diary)
- ☐ Doctor letters for ongoing medical conditions
- ☐ Personal medical records, immunisation records, and/or any medication prescriptions
- ☐ Travel-sized reusable toiletries (you can purchase full-sized items in Australia).
- ☐ USB or solar rechargeable torch
- ☐ Reusable water bottle
- ☐ Reusable coffee cup
- ☐ Reusable shopping bag
- ☐ Zero-waste cutlery (straws, food storage)
- ☐ Snacks to avoid food during the flight wrapped in single-use plastic

### Darwin packing tips

Darwin's seasons run from wet to dry and the average temperature is the same all year round (22- 32 °C / 71.6- 89.6°F), it is the humidity that changes.

Long sleeves, long pants and jackets should be kept to a minimum in Darwin. If you are moving to Sydney or Alice Springs, pack both warm and cool weather clothing.

### Alice Springs packing tips

The climate of Alice Springs is one of extremes, with hot summers and cold winters. Summer average temperatures range from 20- 35°C (60- 95°F), and can soar to around 40°C (104°F).

During winter, average temperatures fall between 4.8- 20°C (40.6 - 68°F) with night time temperatures often dropping below 0°C (32°F). So, it is best to pack for both hot and cold temperatures.

### Sydney packing tips

In winter temperatures rarely drop below 7°C (44.6°F). Dress in layers and make sure to have a waterproof jacket on hand, as June can be rainy. Pack a warm jacket for evenings.

Sydney's pleasant summer days (18.6- 25.8°C / 65.5- 78.4°F) and balmy nights mean that light clothing is also important.

Be sure to pack your beachwear- Sydney has a beautiful harbour and abundance of ocean beaches.

### Packing light and minimising waste

Packing light is a great way of lightening your carbon footprint when you travel. Taking your own essential items that you can bring in your bag and re-use, such as a water bottle and a light reusable shopping bag will also help you avoid or reduce the amount of single use plastic you use.

Consider packing the following suggested zero waste travel items on the bottom of our packing checklist.

**Are you working in a lab?** It is a University requirement that enclosed footwear must be worn in the laboratory- no bare feet, thongs, or sandals at any time.