VTP322 Supporting Mental Health Wellbeing

DESCRIPTION

This program is aimed at people working in various care and support roles in the health and community services industry to deal with challenging behaviours and support people with mental health issues effectively. It can also be used for those who wish to re-enter into the workforce or look to move to a different role.

ENTRY REQUIREMENTS

This program is for people working in various care and support roles in the health and community services sector.

Students are required to have good reading and writing skills to be able to follow policies and procedures and to complete documentation associated with their roles. Communication skills are important to communicate with the client and students will have had experience in working within the team, seeking clarification from their supervisors and following instructions.

DELIVERY DETAILS

<table>
<thead>
<tr>
<th>Location (s)</th>
<th>Duration</th>
<th>Study mode</th>
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<tbody>
<tr>
<td>Alice Springs, Casuarina, Katherine</td>
<td>This VTP is delivered over a period of 3 months</td>
<td>Theory training is undertaken externally but is supplemented with tutorials provided via video conferencing, Skype, emails and/or telephone conversations. Practical work is undertaken in a health or community service where candidates may be currently employed. The students will follow Australian Government advice regarding social distancing, personal hygiene, and when and how to isolate during the COVID-19 pandemic.</td>
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ELIGIBILITY

To be eligible for a free place, you must be:

- A resident in the Northern Territory, and
- An Australian Citizen or Permanent Resident or a New Zealand citizen resident in Australia for a minimum of six months or a Permanent Humanitarian visa holder, and
- At least 17 years of age (if you are 15 or 16 years of age, contact us and we’ll assess your eligibility)
- Apply & Enrol by **30 June 2020**

You will also need a [Unique Student Identifier](#) (USI) – apply now if you don’t have one yet.
To find more information regarding eligibility for NTG subsidised training places, please visit the Department of Trade, Business and Innovation policies page.

FEES
This course is currently free for eligible NT domestic students.

Applications will be accepted between Monday 11 May and Tuesday 30 June 2020 for this free short course. If your application and enrolment are received after this period, standard tuition fees will apply.

Contact us now to secure your place.

ASSESSMENT
Assessments vary with each unit. You will be provided with an assessment guide.

RECOGNITION OF PRIOR LEARNING (RPL)
Students can apply for RPL during pre-enrolment or after enrolment. Students are provided with an RPL Self-Assessment before application and followed through with an initial interview with an assessor.

RESOURCES
Students are issued with Learner Guides for each unit and work through the activities and assessments, a logbook is used to capture the practical components of each unit.

STUDY AND CAREER PATHWAYS
These units provide credit towards a range of qualifications in the Health and Community Services Training Packages.

PROGRAM CONTENT
This program covers 3 units of competency taken from the CHC/HLT Training Package, which is recognised nationwide.

CORE UNITS

<table>
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<tr>
<th>Code</th>
<th>Description</th>
<th>Credits</th>
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<tbody>
<tr>
<td>CHCCS020</td>
<td>Respond effectively to behaviours of concern</td>
<td>20</td>
</tr>
<tr>
<td>CHCMHS001</td>
<td>Work with people with mental health issues</td>
<td>80</td>
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<tr>
<td>CHCMHS002</td>
<td>Establish self-directed recovery relationships</td>
<td>60</td>
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WITHDRAWING FROM A PROGRAM
You may withdraw from this program and receive, where relevant, a Statement of Attainment for all units of competency you have successfully completed.

SUPPORT SERVICES
The University supplies support for students in many areas, including accommodation, careers and employment, counselling, disability service, equal opportunity, discrimination and harassment advice, Australian Indigenous Student Support Services, Information Technology Services, International Student Support Services, Library Services, and Learner Support Services.

More information is available at Student Support
CONTACT DETAILS

Student Central

T. 1800 238 838
E. myVETcourse@cdu.edu.au

Refer to the VET Student Guide for information regarding the enrolment process, student support services, student rights and responsibilities, previous studies recognition and the A-Z of other information.