

# CDU HDR Students' wellbeing workshop

**Friday. 27 NOV 2020, 9-10.30 AM**  
**CDU Library HDR Room 3.15**

Facilitators profile & workshop details:

- Eva is an art therapist, artist and a multidisciplinary researcher.
- Varunika is a journalist, writer and social sciences researcher.
- This workshop is run as an experiential & participatory art & free writing session. In this time of global uncertainty, it aims to be an outlet for you to creatively express your thoughts and feelings through art and storytelling. It is also a safe and confidential space to discuss any student experiences.

**RSVP to Eva San [yenkengeva.san@cdu.edu.au](mailto:yenkengeva.san@cdu.edu.au)**  
**OR Varunika Ruwanpura**  
**[varunika.ruwanpura@menzies.edu.au](mailto:varunika.ruwanpura@menzies.edu.au)**

Materials will be provided but you can also bring any materials you love to work with.