




Join us for the Outback Active Launch & Consultation Event!

 **OUTBACK ACTIVE** is a 12-week TeleFit program co-led by Charles Darwin University and Southern Cross Care, for people 65+ years, and Aboriginal or Torres Strait Islanders 50+ years living in the Katherine region who want to stay strong, healthy and mobile.

Outback Active Launch & Consultation Session

Date	Friday, November 24, 2023
Time	10:00am – 12:30pm
Location	Katherine Contour Hotel, 9 Cyprus St, Katherine NT 0850

Who's Invited?

- > Healthcare organisations
- > Local leaders
- > Community members interested in joining the program to stay healthy and mobile

What's Happening?

- > Unveiling of the Outback Active program
- > Connect with Outback Active stakeholders and prospective participants over lunch and refreshments
- > Your input in shaping the program

RSVP: (08) 8946 7176 – Between 9am and 4pm, Monday to Friday, before 20 November 2023.

You are also welcome to walk in for the event.

Outback Active is supported by funding from NTPHN through the Australian Government's PHN program.



Learn about the program at:
go.cdu.edu.au/outbackactive

