Aged Care Transition to Practice Program

Learning Portfolio

First Name:

Last Name:

Professional title:

Registration Number:

Contact Phone:

Email:

Address:

City/Suburb/Town:

State/Territory:

Postcode/Zip:

Country:

Please use the table below to document your learning reflections. Two examples are provided for you as a guide to complete your own entries. Please delete this text in red and the examples in the table before submission of the portfolio at the end of the program.

Outline your learning goals/objectives and how you met them.

Learning Goal/Objective	Planned Activity	Completed Activity (Description, Provider, and any other relevant information)	Date of completion	Hours	Reflection on Learning and Impact on Practice	Title of the evidence attached	Mentor Feedback
Example 1: Improve understanding of communicating with a person living with dementia	Undertake a case study activity in Module 2: Person-centred care planning of the Aged Care Transition to Practice Program offered by CDU	Completed the activity: 'Communicating with a person living with dementia'	01/07/2025	2	Gained insights into person-centred approaches and communication strategies. Explored and discussed examples of how this knowledge is applied or will be applied in daily care routines with the program mentor.	Activity completion record 'Module 2: Activity 2, Person-centred care planning'	The Mentor noted improved confidence and encouraged further exploration of care of older persons living with dementia at the workplace.

Charles Darwin University, September 2025. Reference: Ahpra & National Boards CPD portfolio
https://www.ahpra.gov.au/documents/default.aspx?record=WD20/29827&dbid=AP&chksum=NqUwCkvvnBBhj7Sf8r0l9A==

Example 2: Enhance clinical reasoning skills	Participate in a case-based discussion group	Joined the Aged Care case conference on delirium prevention at North Beach Hospital	15/08/2025	1.5	Learned to assess risk factors more systematically. Will incorporate the new checklist into risk assessments.	"Record of notes taken at the Aged Care case conference".	Mentor praised active participation and suggested documenting outcomes for future reference.