



Nutrition & Dietetics Student-Led Clinic

Access practical, evidence-based nutrition advice that is tailored to meet your individual needs. Our student dietitians are supported by Accredited Practising Dietitians (APDs) who are experienced professionals and ensure safe, high-quality care.

What is the service?

The Nutrition & Dietetics Clinic is student-led with supervision and support provided by APDs.

We offer individual consultations to adults across a wide range of health needs including:

- > Healthy eating & lifestyle change
- > Weight management (excluding bariatric surgery)
- > Prediabetes, insulin resistance and Type 2 diabetes
- > High cholesterol and high blood pressure
- > Irritable bowel syndrome, diverticulitis and constipation.
- > Chronic kidney disease (stage 1 & 2)
- > Fatty liver disease
- > Women's health
- > Stroke recovery at home
- > Coeliac disease, gastro-oesophageal reflux disease (GORD) and gallstones

Who is eligible?

- > CDU Staff and their immediate families
- > Current CDU students and their immediate families
- > Existing CDU Health Hub clients

How to book?

Self-referrals, or referrals from your GP, specialist, or other Australian Healthcare practitioner, are welcome.

- > Complete the referral form online <https://www.cdu.edu.au/health-hub>
- > Call **(08) 8946 7176** (9am – 4pm, Monday – Friday)
- > Email health.hub@cdu.edu.au with client name, phone number and any other relevant information

Program details

Duration: Jan–Jun 2026

Clinic days: Wednesdays & Thursdays, 9am–4pm

Location: CDU Health Hub, Casuarina Campus, Building Green 5

Telehealth: Available for clients outside Darwin

Fees

We offer our consultations as a package of 3 sessions.

Standard: \$150 for 3 sessions

Concession: \$75 (CDU students & concession card holders)

Additional Package: \$60 (2 extra sessions)

P: (08) 8946 7176

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W: cdu.edu.au/health-hub

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