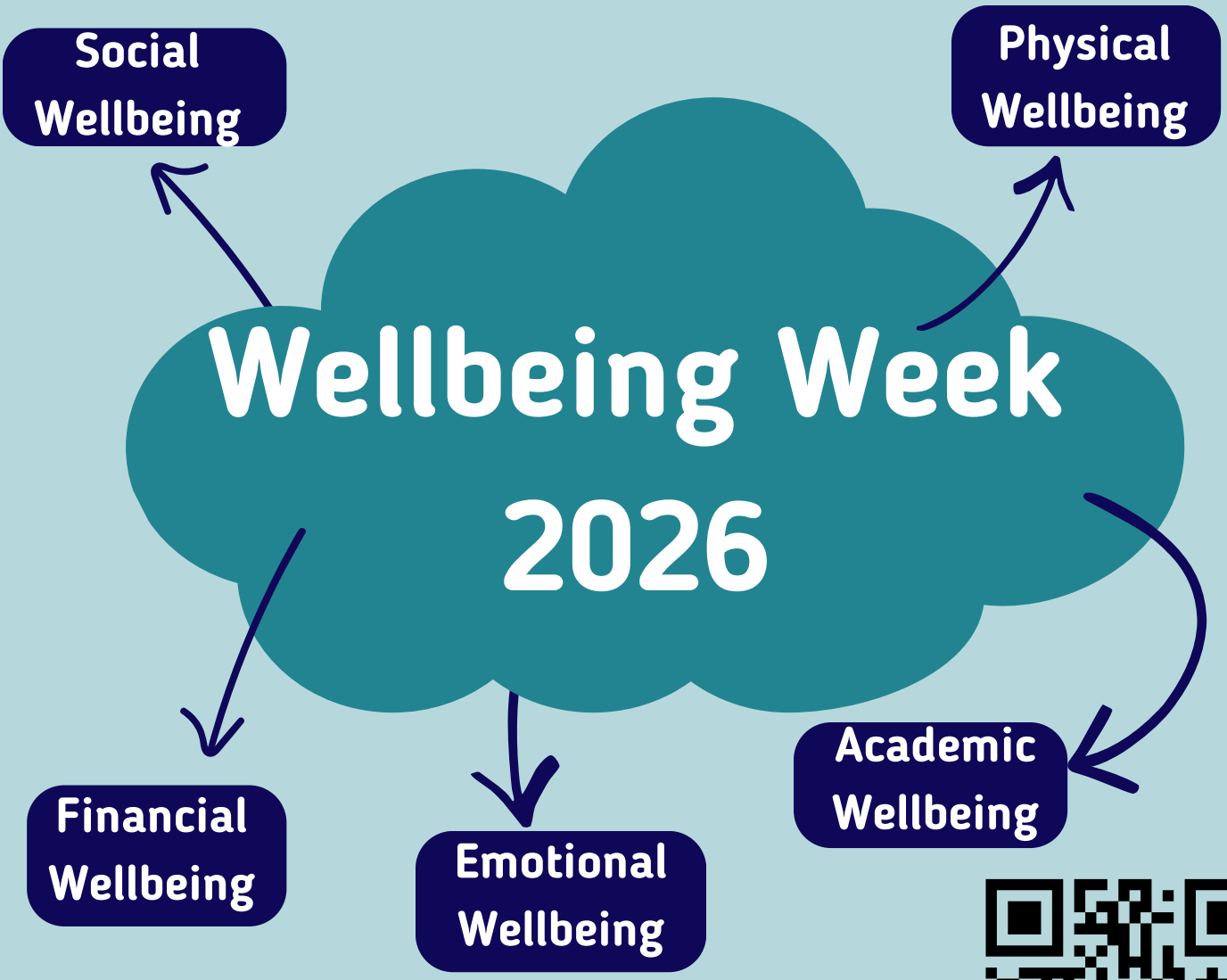
NEWSLETTER

MARCH 2026

Heads up CDU Students! Wellbeing Week is happening soon!

Activities include:

- Step Up Challenge
- Healthy Eating "Share your Lunchbox" Competition
- "Unwind: Physical and Mental Wellbeing" session
- Pawtrait with a Pet Competition
- and many more!



16th - 20th of March

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Need Support?

We're here to help.

For academic support:

- The CDU Library has many resources to assist you with skills development tailored to your specific unit.
- Visit: https://www.cdu.edu.au/library/language-and-learning-support

For wellbeing support:

- The CDU Student Advocacy team provides free, confidential and independent support to CDU students.
- Visit: https://www.cdu.edu.au/current-students/life-health-wellbeing/student-advocacy
- CDU also offers free, confidential and independent support for CDU students.
- Visit: https://www.cdu.edu.au/current-students/life-health-wellbeing/counselling

For more information on the types of support CDU offers, visit: https://www.cdu.edu.au/launchpad/future-study/what-kind-student-support-can-i-get-at-cdu

Women's Spotlight

Know an outstanding woman at CDU? Contact us at cdusc@cdu.edu.au for their story to be featured in our monthly Women's Spotlight!

CDU Student Council Residential Weekend

On the 13th and 14th of February, the CDUSC members attended at 2 day residential weekend at Danala Campus. During this weekend, we got to know each other, voted for executive and portfolio roles and started planning for the year ahead!



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Semester 1 Orientation



CDU Campus Sydney







CDU Campus Danala



Student Life Session

