BUILDING THE BEST YOU

A one day course developed by Born to Win Consulting and facilitated by Charles Darwin University.

This workshop will tell you how you can take control of your career, personal and work life and achieve success in these areas. You will learn about the qualities successful people possess (and how you can possess them too), how to keep yourself motivated, taking your first step towards achievement and more.

You can take charge of your life by climbing the stairway to success. It is possible to make radical changes in your life by taking small, consistent action steps. You will discover that you have everything already necessary to make your life better. You will leave with an action plan to take your life where you want it go.

LEARNING OUTCOMES:
- The qualities successful people possess (and how you can possess them, too)
- The power of relationships and to build strong, healthy, winning ones
- Learn how to get more of the things money will buy and all of the things money won’t buy
- The importance of your attitude and how to keep it positive
- How to keep yourself motivated and striving towards your goals
- The importance of the words you choose
- The power of taking the first steps

FOR MORE INFORMATION CONTACT
T. 08 8946 6065
E. shortcourses@cdu.edu.au
W. www.cdu.edu.au/shortcourses