THE EMOTIONALLY INTELLIGENT LEADER

A 2 day course developed by Genos, delivered by Charles Darwin University.

COURSE INFORMATION
Leadership is fundamentally about facilitating high performance, thereby motivating others to do things effectively and efficiently. Emotional intelligence is a key attribute that helps leaders achieve this function. There is a wealth of literature detailing the impact emotion has on individuals' performance. This research has shown, for example, that people perform their best at work when they feel involved in purposeful work that develops who they are, and when they feel valued.

WHAT'S INVOLVED?
As pre-work to the program, Leaders complete the Genos Emotionally Intelligent Leadership Assessment. At the program, we provide them with their Feedback Report, a Development Tips workbook and expert led debrief and action planning methodologies to help leaders leverage strengths and address development opportunities.

THIS COURSE IS RIGHT FOR YOU:
If you are a supervisor or team leader looking to advance your skills in learning about emotional intelligence and how it can be an effective in leadership.

YOUR EMPLOYER WILL BENEFIT BECAUSE:
You'll have the skills and knowledge to be an effective leader in emotional intelligence

LEARNING OUTCOMES:
- Explore the neuroscience of emotions and emotional intelligence,
- Conduct a group review of our emotional intelligence results,
- Explore techniques for developing self and other awareness,
- Examine tools and techniques for effectively asking for, and responding to, feedback,
- Review a model for building a more positive workplace,
- Explore and practise tools and techniques for facilitating authentic conversations,
- Examine how we can use reactive and proactive techniques to build our resilience and effectively manage strong emotions
- Explore an approach for facilitating engagement discussions with staff members.

FOR MORE INFORMATION CONTACT
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